

Wi-ATSA Fall Forum

Heidel House Resort & Spa



Thursday, September 27

11:00a – 12:30p

Shannon Kenevan

Voices of Men: Engaging men and boys in anti-violence work and dismantling “Man Box” culture

The founder of Fox Valley Voices of Men will lead an interactive presentation looking at ways we teach toxic masculinity (the “Man Box”) shedding light on some of the impacts of toxic masculinity: sexual assault, domestic violence, male mental health and suicide risks, homophobia, career and life limitations, transphobia, and other forms of oppression and violence. Healthy Manhood and other alternative models of masculinities will be discussed - as well as tangible ways that men and boys can “break out of the Man Box” and how all people can help dismantle toxic masculinity.

12:30p **Lunch**

1:15p – 2:45

Carolyn Pierre

Treatment Exchange

Participants attending this session will leave with an array of new treatment interventions to offer their clients, covering topics of self-management, sexual functioning, and relational issues. Bring an intervention from one of these areas (treatment assignment, group exercise, or handout) and share it with your small group.

OR

1:15p – 2:45

Lorrie Burns and William Merrick

Juvenile and Adult Psychosexual Evaluations

This presentation will discuss the use of juvenile psychosexual evaluations in gleaning risk and protective factors, which inform individualized decisions regarding supervision, safety, and treatment.

During the second portion of the presentation, participants will hear about adult neuro-psychosexual evaluations, which combine topics of a traditional neuropsychological evaluation with those covered in traditional psychosexual evaluations. This presentation will describe what these evaluations are and how they can be used, as well as what referral questions can be addressed with such evaluations.

3:00p – 4:30p

Stephanie Wachter-Papenfuss

Acceptance and Commitment Therapy Principles: Applications to the Lives of Practitioners and their Clients

Likely you already know ACT for its approach to the change-making process through acceptance, values, and cognitive defusion. Whether new to ACT or an old pro, this discussion-based session will pursue the applications of ACT, not only in the clinical setting, but in the lives of practitioners as well. Come prepared to share your own ACT insights and perhaps learn a few new skills and metaphors for enhancing your life.

4:45p – 5:30p

Amie Heinrich

Yoga (optional)

A certified yoga instructor will lead participants in beginner-level yoga. Comfortable attire is recommended.

5:30p **Happy Hour**

6:30p **Dinner**



Friday, September 28

7:00a – 7:45a

Susan McDonald

Sunrise Mindfulness Practice (optional)

Start your day with mindful movement and seated meditation practice. Experience 20 minutes of grounding through slow, purposeful, mindful movement and stretching, followed by a 25-minute seated guided mindfulness of breath and compassion meditation. Your Fall Forum attire will suffice for this session.

7:45a

Breakfast buffet

8:30a – 10:00a

Valerie Gonsalves

Turning the lens inward: Assessment, treatment and prevention of secondary trauma in providers

This presentation is designed to promote awareness and understanding of the impact of chronic exposure to other's trauma has on oneself. Taking a new twist on this topic, the presentation will utilize traditional case conceptualization techniques to discuss the assessment, treatment, and prevention of secondary trauma in those who work closely with individuals with significant trauma histories. Risk factors and protective factors will be discussed, with an eye towards improving individual resilience. A portion of the presentation will be focus on how organizations can implement change to improve staff resilience. The presentation will be interactive with some experiential components.

10:00a

Networking break

10:30a – 12:00p

I, Pedophile Movie Viewing and Discussion

I, Pedophile is a Canadian documentary film about men who are sexually attracted to children, but do not commit sexual offenses. The film features James Cantor, a neuroscientist and sex researcher, who "conducted revolutionary research that found a dramatic cross-wiring in the connective tissue (or 'white matter') of pedophiles' brains in an area related to stimuli and sexual response."

12:00p

Lunch

1:15p – 2:30p

Luck Subramanian

The Lucifer Effect - How good people become bad: Implications in the mental health setting

This presentation will explore the process of changing from good to bad, identify contributing factors, and provide guidance on how to restore goodness.