

## Ryan

### Intake interview

Ryan is 32 years old. In a plea bargain one month ago, he pled guilty to sexual assault for raping his 25-year-old girlfriend and was placed on probation. He had lived with the victim for just over two years. According to the police affidavit, he forced his girlfriend to engage in sexual intercourse following a verbal argument. He also punched her in the face when she tried to resist him during the rape, and she was treated in the emergency room for minor facial bruising. She said Ryan had snorted a small amount of cocaine prior to the rape and that he has serious alcohol and drug problems. He has six prior non-sexual criminal convictions over five separate sentencing dates, including one for simple assault. He has one violation of probation conviction about four years ago. During the year before his conviction for the index sex offense, he had worked full time and had one residential move. His Static-99R score of 3 and VASOR-2 score of 7 are both in the moderate-low risk category.

1. **Sexual Offense Responsibility.** Ryan said he did not rape his girlfriend. He said he had a hard day at work, was in a bad mood, did a few lines of cocaine, and his girlfriend started nagging and arguing with him. He said that after arguments, he and his girlfriend often had "makeup sex," and this was what they were doing. He said that if she had gone along with having sex with him like in the past and kept "her mouth shut" he would not have been in this mess. He said he did not commit any sex offense.
2. **Sexual Behavior.** His girlfriend left him after the sexual assault and he says that he has not been in a relationship since. He reports he had been going to local bars (before being placed on probation about one month ago) and picking up women for the sole purpose of having sex about two or three times a week. He said this is how he meets his sexual needs. He said that they want it and he wants it, and he has no interest in having a relationship.
3. **Sexual Attitudes.** He views women as sexual objects and often refers to them as "bitches." He feels entitled to have sex with women who come home with him, and he says his sexual partners always want it as much as he does. When questioned about his one-night-stands, he became annoyed with the interviewer and said, "What's your problem! I get what I want. They get me! They never said no. I don't get why you're not letting this go."
4. **Sexual Interests.** He has had three live-in love relationships with adult women, the longest being about three years. He reports that his sexual interests are focused solely on consenting sexual activities with adult women. He said he is not aroused to force. His girlfriend, the victim, has been clear that this was the first time that he had forced himself on her sexually. He has no known history of sexual offenses against minors or sexual interest in minors.
5. **Sexual Risk Management.** He said that he did not commit a sexual offense and therefore has no risk factors for reoffending. He agrees that not using cocaine is a reasonable probation condition, but thinks his conditions prohibiting him from drinking and going to bars are unreasonable. He said in an interview with his probation officer that he has used alcohol since being on probation. He does not believe engaging in frequent impersonal one-night stands puts him at risk for getting himself into problematic sexual situations.
6. **Criminal and Rule-Breaking Behavior.** In the last month he received a speeding ticket. He said in an interview with his probation officer that he has used alcohol since being on probation. He has kept all his appointments with his PO. He has passed weekly urinalysis tests.
7. **Criminal and Rule-Breaking Attitudes.** He minimizes his alcohol use and belittles the police officer for having nothing better to do than stop him for speeding. He says his prior simple assault was a bar room fight and blames the arrest on a wimpy bouncer who couldn't handle a harmless drunken fight on his own. He shows no interest in changing these attitudes. He says he will abide by all his probation conditions because, "I'm not stupid, and I'm not going to get jammed up by my PO." Nonetheless, he has used alcohol against his probation conditions.

8. **Stage of Change.** He is willing to participate in treatment if that is what the court wants him to do. He does not think he has any problems that he has to work on now that he has given up cocaine and stopped getting involved in long-term relationships with women.
9. **Cooperation with Treatment.** He showed up on time for his initial evaluation interview and completed the necessary paper work. He answered all the interview questions and was overall cooperative with the evaluation process. He agreed to enter sex offender treatment.
10. **Cooperation with Supervision.** He has attended all of his probation meetings, which are being held at the same frequency as other sex offenders during the initial stages of probation. He has a rather closed channel of communication with his PO during interviews, but has been superficially cooperative. He did not tell his PO about his speeding ticket before police informed his PO, and he has admitted to using alcohol while on probation. No violations of probation have been filed and the supervising officer has not increased his level of supervision or reporting requirements.
11. **Emotion Management.** He reports ongoing anger problems at work that involve verbal threats and controlled outbursts. He blames his anger on his co-workers, saying that he is fine as long as no one bothers him. He says he doesn't start any problems, but people know when to keep away from him. He said, "It's easy, I move in real close to them, lower my voice and tell them to stay out of my face. I'm a big guy. It's very effective." An additional emotion management problem is that he reports feeling jealous and angry with his ex-girlfriend because she got to stay in their apartment and has been dating "a guy with money."
12. **Problem Solving.** As a result of his conviction and related publicity, he lost his job, so he began to have money problems, and he got evicted from his apartment for lack of rent money. However, he quickly found a new job and apartment. Nonetheless, he has considerable difficulties solving interpersonal problems with co-workers and in other relationships.
13. **Impulsivity.** He occasionally acts without thinking things through, especially with respect to interpersonal problems with his coworkers. However, he thinks he is less impulsive since he stopped using drugs. He doesn't like being "straight" all the time, but he says he is able to keep up with his obligations such as getting to work on time and keeping his appointments with his PO. He says he is more levelheaded, although when he is angry he continues to have trouble not flying off the handle and saying things he sometimes regrets.
14. **Employment.** After his arrest, he lost his job as a mechanic at a garage where he had worked for 18 months. He was a good worker but often had interpersonal problems with co-workers. Within three weeks of losing his job, he found a fulltime job sorting trash for a recycling company. He believes this job is below his station in life, is bored, and is dissatisfied with this job, but he needs the money.
15. **Residence.** After living in his previous apartment for about 18 months, he got evicted and then moved into his current apartment one month ago. He said, "It is a dump, but it is better than being homeless." He went on to say that although he does not like living in his new apartment, he said it "will do" until he can make some money and find something better.
16. **Social Influences.** His family lives on the other side of the state, and he says he is not particularly close with them. They lead a prosocial lifestyle, but he sees them infrequently. Since his arrest, he has kept a "low profile" and has been fairly isolated. Up until he started probation last month, he said his only social outlet was going to bars a few nights a week to "pick up" women. He says he has not hung out much with his old friends but would see them at the local bars occasionally. Some of his old friends were in trouble with the law and used alcohol and illegal drugs and others were prosocial. He has not made any new friends at work. He said, "I just keep to myself, its better that way."

## Travis

### Mid-treatment Interview

Travis was 36 years old when he was released from prison one year ago. He was incarcerated following his conviction for sexually abusing a 13-year-old male acquaintance that lived in his neighborhood. The offenses involved oral sex. Travis also has two prior sex offense convictions for molesting two other acquaintances, both 12-year-old boys. He served a prison sentence for these two prior sex offenses and previously completed sex offender treatment. These sex offenses are his only criminal convictions. He was on probation when he committed the index sex offense. He has never lived as married with anyone and, he has had only a few brief sexual contacts with adult males. He now has been in the community and in outpatient sex offender treatment for approximately 12 months. Prior to his incarceration, he had been employed full time and had been living in his own apartment for over two years. He does not have any substance abuse problems. He is meeting with his primary therapist to discuss his progress in treatment. As of the date of his recent release from prison one year ago, his Static-99R score of 5 was in the moderate-high category and his VASOR-2 score of 12 was in the high category.

1. **Sexual Offense Responsibility.** Travis says he takes full responsibility for committing his sex offenses. However, he goes on to place considerable blame on his current victim for asking questions about sex and agreeing to have sex with him. Travis said the victim's father wasn't around much, and he talked himself into thinking that he was the closest thing his victim had to a teacher for sexual matters. Travis said, "So I explained that sometimes buddies get close and share things." He said the victim wanted to know what he was talking about, so Travis said he showed him by engaging in oral sex with the victim. Travis says he knows he's the adult, so that ultimately he is responsible for what happened, but that he wouldn't have done anything if the victim had not been comfortable with it.
2. **Sexual Behavior.** He reports having sexual relations with his boyfriend about twice a week. They have been dating for six months. He said he does not use pornography. He said, "When I'm masturbating, I still have difficulty shifting my fantasy to men if I begin to fantasize about one of my victims. It's difficult to focus on how I've hurt the boys when I'm trying to feel better about myself. Every few weeks I'll slip and actually masturbate while thinking about one of the boys, but that's a lot less than in the past."
3. **Sexual Attitudes.** Travis states that sometimes he has difficulty remembering that his sexual behavior with younger males has caused them harm. However, he is doing better recognizing and intervening when this happens.
4. **Sexual Interests.** He has three unrelated male victims, all between the ages of 12 and 13 years old. Although he continues to struggle with his sexual interests in boys, in the last nine months he has developed a sexual relationship with a man. He has had prior relationships with men, but they have been of short duration. He has never had a live-in love relationship with an adult.
5. **Sexual Risk Management.** Travis states he has been staying away from all minors. He says he tries to watch only adult oriented television programs but says there are kids everywhere on TV and feels it is unrealistic to think he will never watch a television program that doesn't have kids in it. About twice a month he fantasizes about his prior victims when masturbating. He has developed strategies in treatment to manage these deviant fantasies but is not consistently using these risk management strategies. He has lapses involving fantasies about boys about twice a month when masturbating.
6. **Criminal and Rule-Breaking Behavior.** Aside from his sex offense convictions, Travis has no other criminal history. He has not had any contact with police in the last six months, and he has followed his probation conditions.
7. **Criminal and Rule-Breaking Attitudes.** Travis' legal problems have all stemmed from his sexual offending. Aside from his sex offenses, he leads a prosocial lifestyle and has law-abiding attitudes.

8. **Stage of Change.** He recognizes the need to change and is actively involved in treatment for 12 months. He continues to struggle with his sexual interest in boys, but less so than when he started treatment. He says self-talk, keeping busy, and discussing his problems with the men in his treatment group helps.
9. **Cooperation with Treatment.** He missed two out the 24 groups sessions scheduled during the last six months. He is prepared and completes his assignments on time. He is an active participant in the treatment group and is able to accept feedback from group members without getting defensive.
10. **Cooperation with Supervision.** Travis' probation officer indicates Travis is up to date with his supervision fees, has missed no appointments, and is open to discussing his risk factors and coping strategies. Travis has talked to his PO about feeling angry before and during job interviews because he has to do an offense disclosure. Travis emphasized that he has not acted out his feelings of anger but is upset with himself for getting angry in the first place.
11. **Emotion Management.** Travis is dissatisfied with his current job and is looking for other work. He said, "I hate to admit this but I am angrier than I use to be. I go into an interview knowing they are going to ask me about my offense and it makes me angry. I worry that I will mess up the interview, but so far I have been managing my feelings of anger during the interview."
12. **Problem Solving.** In general, he identifies a problem and works on developing a plan. When he became dissatisfied with the reduction of hours at his current job he began to look for other work while remaining in good standing at the job. Although somewhat shy, he has become more forthcoming in group and brings problems to group for feedback.
13. **Impulsivity.** Travis is an organized person. If he is given an assignment by his therapist or PO, he completes it on time. His supervisor at work told his PO he is extremely dependable and follows through on all tasks.
14. **Employment.** He had been working 40 hours a week, but his hours were cut to 25 hours a week for the last three months. He is dissatisfied with his job since his hours were cut. His boss told his PO that Travis's hours were cut due to the slow down in the economy and that he is satisfied with Travis' performance at work. He knows Travis is looking for other work and says he will give him a good recommendation.
15. **Residence.** Travis currently lives alone. He has been in the same apartment since his release from prison a year ago. He says his apartment is fine but he wants to eventually move in with his boyfriend, but he needs to have a fulltime job in order to make it work financially.
16. **Social Influences.** Travis has been associating mostly with his boyfriend's friends. They are prosocial, not involved with the legal system, and do not use drugs. He has told his partner's closest friends about his offenses. Since his most recent arrest, his relationship with his family has been strained. Travis says he understands their disappointment and anger with him and hopes over time he will become close with them again. He calls his parents once a week to keep the channels of communication open.

## Roger

### Intake interview

Roger is 38 years old. His intelligence is in the borderline range. He was recently placed on probation after having been convicted of sexually abusing his 10-year-old niece who has a developmental disability. He had lived with the victim and her mother, who is his sister, for about two years. He began molesting his niece after he had lived with her and her mother for about six months. He molested her about 30 times over an 18-month period. He verbally coerced her to touch his penis and perform oral sex on him. He also fondled her breasts and digitally penetrated her vagina. He has one prior sex offense conviction. When he was 18 years old, he sexually fondled a 13-year-old female cousin. He was not living with her at the time of the abuse. Following his conviction for this offense, he completed sex offender treatment. He has no other criminal history, has no substance abuse problems, and has been stably employed the past six years. He has had one residential move in the past year. He has an established history of dating and having consenting sexual relationships with adult females, but none of these relationships has lasted two or more years. His VASOR-2 Reoffense Risk Scale score of 8 and Static-99R Score of 2 are both in the moderate-low risk category.

1. **Sexual Offense Responsibility.** He said that the sexual offenses were the fault of both of them. He said, "I was older but she wanted to do it. She liked it." He also said, "She was kind of old. She really didn't tell on me. It stopped because my sister found out."
2. **Sexual Behavior.** He said he has not been sexually active with anyone since his arrest. He does not appear to have any sexual compulsions. He has one incident of possession of a few adult oriented XXX-rated magazines and a DVD that is against his current probation conditions. He said he is willing to get rid of them. He said he masturbates about two times a week.
3. **Sexual Attitudes.** He justifies his sexual offending by saying, "I was older, but she wanted to do it. She liked it." He also said, "She was kind of old. She really didn't tell on me. It stopped because my sister found out. We (Becky and I) were very close." He said that these factors are no excuse for him abusing Becky and says that sex with children is wrong. But, he struggles with the fact that her lack of resistance meant it was okay. Additionally, he points out that she does not seem to have been harmed by the abuse. Nevertheless, during further interviewing, he appears to recognize how this type of thinking got him into trouble and is somewhat open to examining these views.
4. **Sexual Interests.** He said that 100% of his current sexual interests over the past 6 months are of consensual sex with adult females, and he has a history of having age-appropriate sexual relationships with peers. He said that he has not thought of Becky in a sexual way since his arrest. However, he shows considerable interest in finding out when he can see Becky again. He has not undergone sexual arousal testing. His brother and sister said that although Roger began taking a special interest in Becky about two years ago, he has never seemed to have a particular interest in other children, children's television shows, or pictures of children. He has sexually abused his 10-year-old niece and a 13-year-old female cousin.
5. **Sexual Risk Management.** Concerning his risk to re-offend, he said to the evaluator, "I won't. I learned my lesson. I just need to tell Becky we can't do this anymore. We can't do sex stuff anymore. All we can be is regular friends. When do you think I can see her? Can you help me with that?" His probation conditions require that he avoid contact with children and not hang out where children congregate. Roger said he understands and agrees to follow these conditions.
6. **Criminal and Rule-Breaking Behavior.** There are no reports that he has been in any trouble with the law. Except for his possession of pornography (which is considered "sexually related" behavior), he has not engaged in any type of rule-breaking behavior with respect to his probation or treatment conditions. He said he did not know that pornography possession was against his probation conditions, even though his probation officer reviewed this condition with him.

7. **Criminal and Rule-Breaking Attitudes.** He has no criminal history other than his two sexual offense convictions. He seems to have law-abiding attitudes.
8. **Stage of Change.** He knows that sex with children is against the law and that he cannot have sex with Becky. He is willing to begin sex offender treatment, but he is not at all sure that he needs it.
9. **Cooperation with Treatment.** He has not begun treatment, but has been cooperative with the evaluation process. He is not a talker, but he answered all questions asked of him. He was late for one of his initial interviews, but his brother said they had car problems and called ahead to let the therapist know.
10. **Cooperation with Supervision.** His probation officer said that Roger has attended all of his probation meetings and has been cooperative. The only concern was that his probation officer reviewed the "no pornography" condition with Roger and later found out that Roger had a few adult oriented XXX-rated magazines and a DVD that he had not discarded. Roger did so after being reminded of his probation conditions.
11. **Emotion Management.** His affect has always been rather flat. He said he began molesting Becky about two years ago after his girlfriend broke up with him and he got "down in the dumps" and was lonely. He said that over the past six months he has not had any problems with loneliness and that he spends time socializing with friends on a regular basis.
12. **Problem Solving.** He is good at identifying typical life problems. He either works out solutions himself or enlists his sister or brother for help. For example, about one year ago he asked his sister with whom he was living to manage his money for him and three months ago asked his brother to help him manage his money.
13. **Impulsivity.** He recognizes that he occasionally focuses on short-term goals and that he struggles some with wanting what he wants when he wants it, which is why he asked his brother and sister to help him manage his money. For the first few months after moving in with his brother six months ago, he was managing his own money and quickly got into overspending. When he did not have the money to pay his room and board to his brother, he asked his brother for help managing his monthly expenses.
14. **Employment.** He has worked at the same print shop for about six years doing janitorial work. He enjoys his work and likes his boss. His boss says that Roger is a quiet, good and reliable worker.
15. **Residence.** He has been living with his brother for the past six months. Although he preferred living with his sister and Becky, he likes living with his brother. They get along well, and he has his own room.
16. **Social Influences.** He has a group of about three men his age with whom he socializes. They do not use alcohol or drugs and have never been in trouble with the law. His best friend knows about Roger's offense, but the two other friends do not. Roger's brother told Roger's employer about the sex offense, and the employer now only gives him jobs that avoid contact with children. Roger lives with his brother and has regular contact with his older sister. He has no contact with his younger sister who is the mother of his victim. Roger has not talked with them in detail about his sexual offenses, but they believe he sexually abused their niece. They support the "no contact" probation condition concerning Becky and other children. They willingly participated in an initial interview with Roger's treatment provider and probation officer to assist in developing Roger's case plan.

## Arthur

### Progress Report

#### Brief Background

Mr. Arthur is a 33-year-old white male. He divorced about five years ago after three years of marriage. He has completed a total of 30 months of community sex offender treatment. This consisted of 18 months of weekly core group treatment and 12 months of monthly aftercare group treatment. His index sexual offense convictions were for sexually fondling his 14-year-old female neighbor on multiple occasions and verbally manipulating her 14-year-old female friend into engaging in sexual intercourse on two separate occasions. He had known both of these girls for a few months before he sexually abused them. He had been using alcohol prior to most, but not all, of these sexual offenses. He has one drunk driving conviction for which he was not placed on probation, and he has no other criminal history. Prior to and following his recent incarceration, he has had stable and satisfying residence situation and fulltime employment. His Static-99R score of 2 and VASOR-2 score of 8 are both in the moderate-low range.

#### Treatment Needs and Progress

Using the broad need categories on the SOTIPS as a guide, the following provides an evaluation of Mr. Arthur's current status.

Sexual Offense Responsibility. Although Mr. Arthur initially denied committing any sexual offenses, he now mostly admits committing the sexual offenses for which he was convicted. In terms of taking responsibility for committing his sexual offenses, he says that his drinking definitely contributed to his sexual offending and knows he needs to remain abstinent. However, he also says he had sexual thoughts about the victims and intentionally committed some of the sexual offenses when he was sober. #1 \_\_\_\_\_

Sexual Behavior, Attitudes, Interests, and Risk Management. With respect to his sex drive, it appears to be in the average range. He said he masturbates or has intercourse about three times per week, which is similar to what it has been over the past several years. Given that his sex drive does not appear to be in the high range and that he does not complain of or appear to have trouble controlling his sexual thoughts, medication for arousal control was not recommended during his course of treatment. He said he occasionally viewed adult pornography in the past but has not done so since his conviction for the index sexual offenses. # 2 \_\_\_\_\_

A major focus in treatment concerned him examining the attitudes that supported his sexual offending behavior. At the time of his offending, these primarily concerned him overvaluing sex as a way to make himself happy, equating sexual contact with emotional closeness, and viewing sexual activity with teenagers as not harmful. He made good progress in identifying how these attitudes were linked to his sexual offenses. He is able to identify them reasonably well when they occur and articulate self-talk interventions to challenge the attitudes that are linked to his sexual offending. Over the past 18 months, he has demonstrated sustained change in managing these attitudes. # 3 \_\_\_\_\_

He reports that his current sexual interests and fantasies exclusively concern consensual heterosexual sex. He said that when he thinks about sex, about 90% of his thoughts concern adult females but that he sometimes has sexual thoughts about teenage females when he sees attractive teens on television or in magazines. He said he redirects his thoughts or stops the activity that is triggering these thoughts. Recent polygraph testing supports his self report about having good sexual self-control in this area. To address his treatment needs in the area of sexual interests, he learned and practiced orgasmic conditioning and covert sensitization as methods for controlling his offense-related sexual fantasies. # 4 \_\_\_\_\_

Treatment also focused on him developing a self-management plan. Currently, he has a very good understanding of his sexual offense risk factors and self-management strategies. His major risk factors for sexual reoffending are using alcohol, having contact with minor females, feeling lonely, feeling rejected and then jealous, and being socially isolated. He appears to honestly report risk situations and use risk management strategies effectively. The one exception is that during his polygraph exam a year ago he said that he drank alcohol on two occasions during the prior 3 months, each time drinking two beers. His probation conditions prohibit him from using any alcohol. His responses on a subsequent polygraph exam last month indicated that he had not used alcohol on any other occasion during the last year. # 5 \_\_\_\_\_

Criminality. Except for his sexual offending behavior and one drunk driving conviction, he has led a prosocial lifestyle and does not appear to have engrained attitudes or beliefs that support criminal or general rule-breaking behavior. He has followed and been cooperative with all supervision rules for over 12 months. He started attending AA again about one year ago. # 6 \_\_\_\_\_ # 7 \_\_\_\_\_

Treatment and Supervision Cooperation. He is close to successfully completing sex offender treatment. Except for the two incidents of alcohol use over one year ago, it appears that he has consistently followed his probation and treatment expectations. He has overall worked hard to positively modify his behavior. He has substantially accepted responsibility for the sexual offenses he committed, has identified his pattern of thoughts, attitudes, behavior, and sexual interests that were linked to his sexual offending, and he has managed these risk factors quite well for over one year. # 8 \_\_\_\_\_ # 9 \_\_\_\_\_ #10 \_\_\_\_\_

Self-Management. Intense negative emotional states are often linked to sexual offending for some men and this appears to be the case with Mr. Arthur. Feeling rejected and jealous was related to prior problems in his marriage and these appear to have been significant contributors in his offending. He examined these issues in treatment and role-played intervention strategies to manage them. For the past eight months, he has dated a woman he met at AA, but he is not interested in a long-term relationship at this time. He occasionally finds himself feeling jealous in this relationship. Although he discusses his feelings in group and with his probation officer he still struggles somewhat to manage these feelings. # 11 \_\_\_\_\_

He has had a few ups and downs getting along with some of his relatives, but has talked about this in supervision meetings and is handling it well. He is able to identify a problem early on and come up with a solution; he is proactive in discussing problems in group. # 12 \_\_\_\_\_ He is typically thoughtful and deliberate in how he makes decisions. He thinks before he acts. # 13 \_\_\_\_\_

Lifestyle Stability. In terms of employment, he has worked in a local bakery for the past three years. He gets along very well with his boss and likes his work schedule. # 14 \_\_\_\_\_

In terms of housing, he has lived in the same apartment for two years and likes this living situation. There is one teenage female living in his apartment building, and her family and the building superintendent know about his sexual offending history. # 15 \_\_\_\_\_

Social Supports. He told the few women he has dated about his sex offense history after they dated a few times. His parents and three siblings live nearby, know about his sexual offenses, and are supportive of his supervision conditions. They have all been to chaperon training meetings and have served as chaperons during the few times that he has been allowed at family functions where teenagers have been present. Although many of his friends in the past abused alcohol, he has developed a new support system of friends who he met through AA and they do not drink. He socializes with this small group of prosocial friends a few times a week. # 16 \_\_\_\_\_

### **Assessment and Conclusions**

Overall, considering his current scores on the Static-99R, VASOR-2, and SOTIPS, compared to other sex offenders, his risk to sexually reoffend is considered to be in the \_\_\_\_\_ range. Etc....